

Foods To Avoid

Alcoholic Beverages	Can cause intoxication, coma, and death.
Baby Food	Can contain onion powder, which can be toxic to dogs. (please see onion below). Can also result in nutritional deficiencies, if fed in large amounts
Bones from fish, poultry, or other meats sources	Can cause obstruction or laceration of the digestive system
Cat food (dogs only)	Generally too high in protein and fats
Chocolate, coffee, tea, and other caffeine	Contain caffeine, theobromine, or theophylline, which can be toxic and affects the heart and nervous system
Citrus oil extracts	Can cause vomiting
Fat trimmings	Can cause pancreatitis
Grapes and raisins	Contain an unknown toxin, which can damage the kidneys
Hops	Unknown compound causes panting, increased heart rate, elevated temperature, seizures, and death.
Human vitamin supplements containing iron	Can damage the lining of the digestive system and be toxic to the other organs including the liver and kidneys.
Large amounts of liver	Can cause Vitamin A toxicity, which affects muscles and bones
Macadamia nuts	Contain an unknown toxin, which can affect the digestive and nervous system and muscles.
Marijuana	Can depress the nervous system, cause vomiting, and changes in the heart rate
Milk or other dairy products	Some adult dogs and cats do not have sufficient amounts of enzyme lactase, which breaks down the lactose in milk. This can result in diarrhea. Lactose-free milk products are available for pets.
Moldy or spoiled food, garbage	Can contain multiple toxins causing vomiting and diarrhea and also affect other organs
Mushrooms	Can contain toxins, which may affect multiple systems in the body, cause shock, and result in death.
Onions and garlic (raw cooked, or powder)	Contains sulfoxides and disulfides, which can damage red blood cells and cause anemia. Cats are more susceptible than dogs. Garlic is less toxic than onions.
Persimmons	Seeds can cause internal obstructions and enteritis
Pits from peaches and plums	Can cause obstruction of the digestive system
Pork or pork fat	Can cause pancreatitis, an infection or inflammation of the pancreas, can be life threatening
Potato, rhubarb, and tomato leaves; potato and tomato stems	Contain oxalates, which affect the digestive, nervous, and urinary systems. This is more of a problem in livestock
Raw eggs	Contains an enzyme called avidin, which decreases the absorption of biotin (a B vitamin) This can lead to skin and hair coat problems. Raw eggs may also contain salmonella
Raw fish	Can result in a thiamine (a B vitamin) deficiency leading to loss of appetite, seizures, and in severe cases, death. More common if raw fish is fed regularly.
Salt	If eaten in large quantities it may lead to electrolyte imbalance
String	Can become trapped in the digestive system; called a string foreign body
Sugary foods	Can lead to obesity, dental problems, and possibly diabetes mellitus
Table scraps (in large amounts)	Table scraps are not nutritionally balanced. They should never be more than 10% of the diet. Fat should be trimmed from meat; bones should not be fed.
Tobacco	Contains nicotine, which affects the digestive and nervous system. Can result in rapid heart beat, collapse, coma, and death
Yeast Dough	Can expand and produce gas in the digestive system, causing pain and possible rupture of the stomach or intestines